

FORMATIVES MEETINGS



Caring for God
On the paths of contemplative prayer

Marist Formation Centre - Manziana
Online Programme "Formative Meetings 2021"

**"In your light we see the
light...**

**We want to take care of
the light, we want to take
care of God".**

(Bro. Ernesto Sánchez)



Keys to our programme

- ☆ **To take up the 2nd call of the XXII General Chapter and to offer the brothers a discipleship itinerary to live it daily.:**
 - a) **Spirituality and interiority: A proposal for contemplative prayer.**
 - b) **Living one's life to the full, being your witnesses in a fragmented world. Proposal "Healing of wounds".**
 - c) **Revive the founding spirit of La Vallá. Proposal Presence of God and daily "Presences".**

- ☆ **To offer a simple and concrete guideline rather than doctrine. Proposal for Christian contemplative prayer.**

- ☆ **To make it an achievable practice in the daily life of the brothers..**

- ☆ **Offer the possibility of personal accompaniment.**

"Travelling the roads of contemplative prayer".



Session 1: Tuesday, 6 July

- ☆ Presentation and motivation.
- ☆ Calls of the Institute to spirituality and interiority.

Session 2: 13 July

- ☆ What is contemplative prayer.
- ☆ Body, mind and spirit

Session 3: 20 July

- ☆ Contemplative prayer. Guided meditation.
- ☆ Distractions

Session 4: 27 July

- ☆ Contemplative prayer.
- ☆ Healing of the shadows

Session 5: 3 August

- ☆ Contemplative prayer
- ☆ Sharing in groups: how I am feeling...
- ☆ Compassion - Caring for the community

Session 6: 10 August

- ☆ Contemplative prayer
- ☆ Non-violent communication

Session 7: 17 August

- ☆ Contemplative prayer
- ☆ Recalling of God's closeness

Session 8: 24 August

- ☆ Contemplative prayer
- ☆ Caring for God: Living in Harmony

Session 9: 31 August

- ☆ Contemplative prayer
- ☆ Closing

Informaciones importantes

1. Our Mentors and Formators programme will be developed on the Zoom platform, because it is the only one that offers us simultaneous translation.
2. To facilitate a quick connection, we recommend that you have a basic account (free of charge) on Zoom. It is also advisable to have an updated version of Zoom to facilitate the different functions.
3. The link to our meeting will be sent to you the day before to make it easier for you to find it immediately.
4. The Programmes will be interactive. All sessions will be recorded.
5. **The timetable will be: 14,00 hours in Rome.** Each session will last one and a half hours (90 minutes).

Participants

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WISDOM OF THE ROAD

“There is a deep well in me. And in that well is God.

Sometimes I manage to reach it, but more often

than not, stones and debris block the well and God is buried. Then he has to be brought to the surface again.



(Etty Hillesum)