



Lisbon, 31<sup>st</sup> May 2023

**INTO THE DEEP  
INTERNATIONAL GATHERING OF YOUNG MARISTS  
LISBON 26 - 31 July 2023**

**PARTICIPANTS MANUAL**

**1. Welcome:**

Dear Participant,

Welcome to the International Gathering of Young Marists, INTO THE DEEP. A few years have already passed since our last gathering in Guatemala.

We are just a few weeks away from meeting up in Portugal as a Marist Family to celebrate our joy at being called, loved and sent to spread the Good News of the unconditional love of God. We are convinced that these days will give us all the chance to grow personally, spiritually and in our spirit of service.

Our hope is that, when the experience is over, we can return to our cities transformed by the presence of Mary, our encounter with Jesus and the Unconditional Love of our God, determined to continue building up God's Reign.

We hope that the information provided here is helpful in your travel preparations and in enjoying the experience to the full.

**2. Our Gathering: Into the Deep:**

**“ALL ROADS” LEAD TO LISBON FOR THE INTERNATIONAL GATHERING OF YOUNG MARISTS (IGYM) 2023**

As we drew closer to 2023, and with the approval of the General Councils of the 4 branches of the Society of Mary, it was decided to once more organise a common event, the International Meeting of Young Marists (EIJM).

Starting in 2016, the four branches of the Society of Mary, have been bringing young people together from our respective religious families. These events, and especially the last one (WEAVING LIFE - 2019), were great opportunities for young Marists from all corners of the world to take the lead, network and strengthen our common spiritual heritage.

After discussions together, and given the positive evaluation of the Guatemala gathering in 2019, we were able to agree on holding another such event with young people from all four branches of the Marist Family in the City of Lisbon.



An International Preparatory Commission was duly set up by the 4 congregations to work on setting up the event. Under the slogan, “INTO THE DEEP”, we hope to offer the 220 young Marists from around the world the chance to:

- embrace the precious gift they are for God, for the Marist Family, for the Church and for the world;
- live an international and intercultural experience, led by the spirit of Mary and the Marist spirit;
- have an experience of prayer, community, family and Marist mission;
- discover ways to deepen and live out their personal call to discipleship;
- begin to understand what it means to be a pilgrim among other pilgrims;
- build on the experience that took place in Guatemala, 2019.

### 3. **Welcome to Portugal:**

Lisbon is a coastal city located at the mouth of the Tagus River on the Atlantic coast of Portugal. It is a vibrant and culturally rich city offering a unique blend of history, architecture, gastronomy and nightlife.

One of the major landmarks of Lisbon is the Alfama district, which is the oldest and most picturesque quarter of the city. With its narrow streets, red and white houses and panoramic views of the Tagus River, it is a wonderful place to wander and explore.

The Belem (Bethlehem) Tower is another of Lisbon's iconic landmarks. It is a defensive tower that was built in the 16th century. Today it is considered a UNESCO World Heritage Site and is a symbol of Portuguese maritime exploration.

Rossio Square is also a must-see, and is one of the city's main meeting places. Here you can find historic cafés, theatres and other famous buildings.

Another well-known landmark in the city is the Hieronymites Monastery, an impressive Gothic and Renaissance structure that is also a UNESCO World Heritage Site.

Finally, don't miss the famous Number 28 tram, which runs through Lisbon's steep and narrow streets, passing through some of the city's most picturesque spots.

Besides these places, Lisbon is also known for its gastronomy, which includes delicious seafood and fresh fish dishes, as well as the world-famous wine from Oporto.

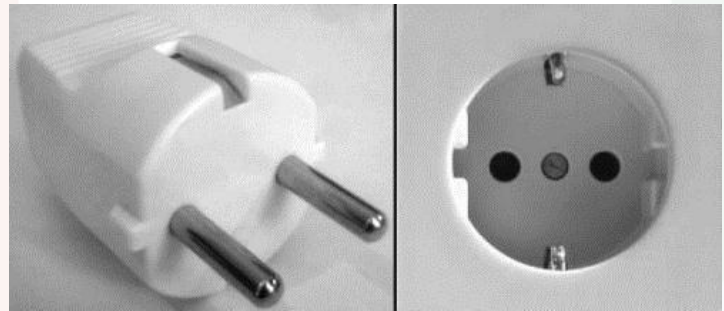
The **Marist College of Carcavelos** is situated in the city of Carcavelos, on the west coast of Portugal, near the city of Lisbon. Its exact address is: **Rua de Aveiro, 2775-239 Carcavelos, Portugal.**

In short, Lisbon is a city full of history and culture that offers a unique and exciting experience for visitors – so, don't miss out!

#### 4. **What to bring?:**

- Comfortable clothes. Average temperatures at this time of year are 30°C maximum (exceptionally reaching 34°C) and 20°C minimum (exceptionally reaching 16°C). This time of the year has the lowest probability of rain.
- Comfortable shoes (there will be outdoor activities).
- Bedding (sheet and blanket or sleeping bag) and bathroom linen (towel).
- Personal toiletries.
- Medicines for personal use.
- Personal prescriptions (if necessary)
- Hat, sunscreen and insect repellent
- Air mattress and/or sleeping bag.
- Electrical adapters.

***Note: Example of sockets and plugs***



#### 5. **To leave behind:**

Electronic items or items of great material/sentimental value - The event organisers cannot be held responsible for lost belongings.

#### 6. **Identification Badge:**

The identification badge provided is individual and non-transferable. Its use will be essential for all event activities, as well as for accessing and remaining in the event venue and for meals. Behind the badge there will be a QR CODE. Using this, all participants will have access to information about the event: programme, room distribution, general information, photos, etc.

## 7. **Pilgrimage to the Shrine of Our Lady of Fatima:**

The Shrine of Our Lady of Fatima is a place of Christian pilgrimage located in the town of Fatima in Portugal. Every year, millions of pilgrims from all over the world flock to the shrine to honour the Virgin Mary and to offer their prayers and devotions.

The shrine was built on the site where the Virgin Mary is said to have appeared to three shepherd children in 1917. Since then, it has been a sacred place of great spiritual importance for Catholics all over the world.

The shrine has a number of places of interest, such as the Basilica of Our Lady of the Rosary, which houses the tombs of the three shepherd children, and the Chapel of the Apparitions which is the place where the Virgin Mary is said to have appeared. There is also a large open-air square where pilgrims can attend Mass and other religious ceremonies.

The most important celebration at the Shrine of Our Lady of Fatima takes place on 13 May each year, which is the anniversary of the first apparition of the Virgin Mary to the little shepherd children. During this celebration, thousands of pilgrims gather at the shrine to participate in processions, Masses and other acts of devotion.

In addition to the celebration on 13 May, the shrine is also a popular destination for pilgrims throughout the year. Many visitors walk long distances to reach the shrine as a personal pilgrimage or as part of an organised group.

In short, the Shrine of Our Lady of Fatima is a sacred and spiritually significant place for Catholics around the world. It is a popular pilgrimage destination and offers a unique and meaningful experience for those seeking to connect with their faith and honour the Virgin Mary.

## 8. **T-Shirt:**

Everyone must wear our T-shirt in our trip to the Shrine of Our Lady of Fatima.

## 9. **Personal belongings**

Participants are responsible for their own belongings. Therefore, the Organising Committee cannot be held responsible for any loss or damage. We will have a lost property station (support room), where found items should be handed in.

## **10. Diet**

The programme offers five meals a day (breakfast, morning snack, lunch, afternoon snack and dinner). Breakfast, lunch and dinner will be served in the cafeteria. Morning and afternoon snacks will be served in the area near the entrance of the gym.

Young people who have indicated on their registration form that they have dietary restrictions should look for volunteers who can help show them places with food suitable for each case.

## **11. Bathrooms**

Bathrooms (toilets and showers) will be clearly indicated within the College grounds.

## **12. Participation**

All participants are expected to take part fully in the activities arranged for the Gathering. Moreover, no participant will be allowed to leave the College other than for activities included in the programme.

## **13. Communities**

Participants will be organised in small groups called "sharing communities". In this space - to be led by young facilitators - everyone will be able to share what they are experiencing during the event. These communities will be organised to reflect the diversity of the young people present. There will be at least four moments when the sharing communities will meet.

## **14. Culture of Care**

It's like the song says, "We come from different places, but when we get together, we become bigger!" May you take advantage of these days to get to know different cultures and realities. And, of course, may all the relationships you form be based on friendship, joy and respect. Let's take good care of each other.

## **15. Clinic**

The College clinic will be open for the duration of the event. If you feel unwell, please contact the support team and go to the clinic.

## **16. Emergencies**

In case of emergencies, contact one of the coordinators from your province.



## 17. Coverage

Follow the coverage of the Gathering on the website [www.intothedeep2023.org](http://www.intothedeep2023.org) and on social media: Instagram: [www.instagram.com/intothedeep23/](https://www.instagram.com/intothedeep23/)

There will be real-time posts on Instagram stories. Join in the coverage of the event using the hashtags #intothedeep, #maristfamily, #ywd23.

## 18. Advice

Look for the signs indicating the locations where the activities will take place. There will be signposts all over the school. If you have any questions, please contact the volunteer team, Province coordinators or the Organising Committee. We are relying on your support to keep to the event's timetable.

## 19. Hymn

The song will be available on the webpage from 1 June.

Let's keep working on this initiative together!

Fraternally,

Into the Deep - Lisbon 2023

**If you have any questions, please do not hesitate to get in touch with us.**

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