



A guide for individual prayer with the painting of Br Basilio

As you begin your time of prayer

- Take some time to open your heart and mind to God
- Invite God to be your guide
- and to speak to you through the image

When you are ready, focus on the picture, reading it

- Take time to gaze at the **entire picture**
- Notice the colours and shapes, what is highlighted, what is background
- Notice the different facets of Basilio's life – writer, man of prayer, man of relationships, attentive to his sick brothers, ...
- Notice his influences and sources of inspiration
- What feelings arise in you?
- Internally, **name** what you are seeing and feeling

Close your eyes

- Revisit the picture, this time in your inner imagination
- Are you drawn to **one part** of the image?
- Believe that God is directing your gaze

Open your eyes once more and focus on that part of the image you were drawn to

- Does it evoke thoughts, memories, emotions?
- What is **God whispering** in your heart?
- What message is there for you? a call? an invitation?

How do you wish to respond?

- Have a **conversation** with God about the words, emotions, questions, and thoughts that are **in your heart**.

Thanksgiving

- Close your time of prayer in a spirit of **gratitude** – for what God has spoken to you in this time of prayer, for the response he is calling you to, for the life and inspiration of Br Basilio, ...